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| Study MaterialsSet up includes a computer or tablet that has internet access. Ability to print from the training materials | This portion of training only involves items from our training website. The intent of the section is to help them deepen their understanding of general professional aspects of the job; personal attributes that will help them approach work better; and spiritual information that will encourage them to think deeper * *Read ‘Development Standards’ http://kmsprocedure.weebly.com/cm1-trng-development-standards.html*
* Watch these Professional Development Videos
1. Hydration Video [*http://www.youtube.com/watch?v=y9qcc71CI8Q&feature=player\_embedded*](http://www.youtube.com/watch?v=y9qcc71CI8Q&feature=player_embedded)
2. Lifting & Stretching Video [*http://www.wumbus.com/zProduct.jsp?pID=LSBG*](http://www.wumbus.com/zProduct.jsp?pID=LSBG)
* Watch these Personal Development Videos
1. Hard Work – Michael Jordan [*http://www.youtube.com/watch?feature=player\_embedded&v=gfvuF5qf9v0*](http://www.youtube.com/watch?feature=player_embedded&v=gfvuF5qf9v0)
2. Hard Work, Determination, Discipline - Will Smith[*http://www.youtube.com/watch?v=q5nVqeVhgQE*](http://www.youtube.com/watch?v=q5nVqeVhgQE)
* Watch these Spiritual Development Videos
1. I am second – Jason Witten

<http://www.youtube.com/watch?feature=player_embedded&v=MNbNByIKsIk> 1. I am second – Sam & Emmanuel Acho

[*http://www.youtube.com/watch?feature=player\_embedded&v=eT8TyUZaoGQ*](http://www.youtube.com/watch?feature=player_embedded&v=eT8TyUZaoGQ) | *Check off and initial as completed*     | *Trainer Notes*  |